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## Baker County Residents and Visitors Urged to Get Vaccinated Against Measles

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**Macclenny, Fla.** — With the increase in measles cases across the US, the Florida Department of Health (FDOH) in Baker County is urging Floridians and visitors who have not been immunized to get vaccinated. Although measles was thought to be eradicated in the United States in 2000, the disease has reappeared in recent months in the form of outbreaks in several states. The Centers for Disease Control and Health Protection defines a measles outbreak as three or more cases. As of April 17, 2019, one measles case has been reported to the Florida Department of Health.

### About Measles

Measles is an acute, highly contagious viral disease. Although it is usually considered a childhood disease, it can be contracted at any age. Generally, preschool children, adolescents, young adults and inadequately immunized individuals comprise the majority of measles cases in the United States.

Measles is spread through the air by breathing, coughing or sneezing and is highly contagious. The symptoms of measles generally begin approximately seven to 14 days after a person is exposed to someone with measles. Symptoms include fever, runny nose, cough and rash. Anyone who has these symptoms should contact his or her healthcare provider. There is no specific treatment for measles.

### Vaccination Urged to Protect Against Measles

The best way to protect yourself and your family against measles and other vaccine-preventable diseases is by immunization. In Florida, children should be immunized against measles with the combination measles, mumps and rubella vaccine (MMR) and should receive two doses, with the first at 12 to 15 months of age, and the second at four to six years of age.

Adults should be vaccinated with at least one dose of MMR vaccine, with a second dose recommended for those at higher risk such as international travelers and health care workers. People with underlying health conditions should discuss with their health care provider to determine the need for additional booster doses.

## **County Vaccination Services**

The Baker County Health Department is committed to the eradication of measles in our communities. Measles vaccinations, as well as all other childhood immunizations, are available without charge to you at the health department Monday through Friday, and these services do not have to be scheduled in advance. Being vaccinated is the only way to fully protect everyone from this potentially life-threatening illness. Please come in for a vaccination at your earliest convenience.

For more information on measles, visit [floridahealth.gov/measles](http://floridahealth.gov/measles)

## **About the Florida Department of Health**

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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